

Newsletter

Discover Together creates new opportunities for parents at NHS



Staff and participants from Discover Together programme with NHS Tayside

Discover Together is a unique pilot programme designed and delivered in partnership with NHS Tayside to support parents to take up sustainable work in the local health service. Participants on the programme are offered:

- Work Experience in a paid 6-month work placement with NHS Tayside
- Accredited learning in a 2-week training course
- A transition into work with flexible hours
- Access to redeployment into suitable permanent work within NHS Tayside upon completion of their placement

Participants were aiming to find flexible, sustainable job opportunities to fit around their busy schedules as parents. The programme gave parents who would otherwise be less likely to take up job opportunities in the NHS to undertake flexible, paid training roles within the health service. In addition, participants benefitted from ongoing support from employability key workers to support them in sourcing childcare, paying for travel expenses, preparing for applications and interviews, as well as other ad-hoc support needed when starting a new job.

Robyne (28 years old with a two year old child), who completed the programme recently, is really happy to be developing her career again after becoming a parent: "I feel like myself again: I've got my own identity back." She now feels ready to explore training and upskilling opportunities to build a career in administration.



Dundee Opportunities Day 2026



25TH AUGUST
1:00PM - 4:00PM



MARRYAT HALL,
CITY SQUARE,
DD1 3BB

- Employment
- Education
- Volunteering
- Training
- Apprenticeships



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SUSE

Developing Talent for Dundee's Sport and Leisure Sector



City Councillors with staff and participants of Sport & Leisure Academy 2026

Discover Work partners were delighted to be joined by Dundee City Councillors Steven Rome and Siobhan Tolland in June to celebrate the achievements of 8 completers of the second Sport & Leisure Academy delivered in partnership by Dundee & Angus College and Active Dundee.

The 8 week programme gave participants a range of knowledge and experience relevant to specific roles within Active Dundee teams (part of Leisure and Culture Dundee), for example Assistant Sports Coach, Lifeguard and Leisure Attendant. With qualifications and experiences including trampolining, golf, tennis, sports science, sports psychology, disability sport awareness, events & broadcasting, social media marketing and employability support, the academy is a broad-base introduction to the industry.

Responding to an anonymous feedback form, one Academy attendee summed up the programme perfectly:

"[...] the Academy has helped me move towards my goal of working in the leisure sector. It gave me essential qualifications like First Aid, Safeguarding, and Coaching, and practical experience in equipment set-up and supporting activity sessions. The programme also helped me improve my CV, understand job requirements, and feel more confident applying for leisure roles. Overall, it made me feel more prepared and motivated to pursue a career in this field."

The course participants are now focussed on achieving a range of next steps including employment, college courses and volunteering in the sports industry.



Get Involved . Get Working . Get Inclusive

Thursday 19 November 2026
#DuoDay26

www.suse.org.uk

Makeup & Beauty Academy



Staff and participants on the first Makeup & Beauty Academy

In June Discover Work customers and staff celebrated the achievements of 9 completers on the first ever Makeup & Beauty Academy, delivered in partnership with Dundee & Angus College and Business Gateway Tayside. Participants on the course had access to a unique training offer:

- 12 week, part-time introductory course on the world of make-up and beauty therapy
- Family friendly hours: 12 hours per week, 9.30am - 2.30pm, Tuesday to Thursday
- Gaining practical experience in make-up, eyebrows and skincare treatments with professional tutors
- Building confidence, problem solving and self-awareness in a fun and friendly environment
- Creating an online portfolio and social media channels
- Free make-up kit, travel expenses and lunches whilst on the course
- Ongoing support to find a job, college course, access further training or start a business

At the celebration event, the course completers described a range of benefits to attending the course, from establishing better routines and building confidence to more detailed understandings of the industry and being able to take their next steps towards education and employment. Cacia (pictured fourth from left) described how the experience helped her refocus:

"I lost myself in parenting a bit when I became a mother. During this course I've learned to practice more self-care and that I do have a passion - it was just snoozing!"



King's Trust

Scotland

EXPLORE YOUR POTENTIAL

Boost your confidence by taking part in fun, challenging group activities. You'll gain key skills to support you in life and work, including teamwork, leadership and communication.

Find out more
via webchat at:
kingstrust.org.uk



ON THIS COURSE YOU'LL:

- Develop valuable communication and teamwork skills
- Build confidence for employment, training, or further education
- Learn how to work effectively as part of a team
- Take part in follow-on sessions to continue their development

DATES FOR YOUR DIARY:

Course dates: Runs every second month.

Contact: dundee.outreach@kingstrust.org.uk

Location: 1B Kemback Street, Dundee DD4 6ET

Aged 16–25, Engaged in 12 hours or less of education, employment, or training per week

Construction Academy



Training and Support:

16 week training course delivered by **D&A College**



Work Placements:

Gain **experience** with a construction business



Information Day:

Thursday 20th August 2026



D&A College
Kingsway Campus
DD3 8LE

To take part you must:

- Live in Dundee
- Be 18 years old or over
- Register in advance

More information and application via QR code



Academy Dates:
31st August to
16th December
2026

Further enquiries, please email:
contact@discoverworkdundee.co.uk

discover
WORK

D&A
DUNDEE AND ANGUS
COLLEGE

- 6 week training course with D&A College and NHS Tayside
- Work Experience in various NHS departments
- Guaranteed interviews on completion of the Academy



Information
Day
**Tuesday 11th
August
2026**



To apply you must:

- Live in Dundee or close by
- Have the right to live and work in the UK
- Have limited or no qualifications or experience in healthcare
- Apply by 5pm, Friday 31st July



To apply, scan the QR code or email:
contact@discoverworkdundee.co.uk